

Norval-on-the-Credit Festival

Celebrating **Canada 150**

Saturday June 3rd

KAIROS Blanket Exercise

Interactive reconciliation-based activity

The Kairos Blanket Exercise is an experiential way to hear and enter into the history of Indigenous peoples and settlers in Canada. Participants are invited to step into the roles of First Nations, Inuit and Métis peoples.

Space is limited. Recommended for ages 10+

Register at www.norval-on-the-credit.ca/Blanket.html

Saturday, June 3rd

2:00 - 4:00 pm

St. Paul's Parish Hall
16 Adamson St. South, Norval

www.kairosblanketexercise.org



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KAIROS Canada
faithful action for justice

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Sharing Ceremonies

Participate and Revere Indigenous
Ceremonies and Culture

- Smudging / Cleansing-Balancing Ceremony
- Learn and live the four directions of your Medicine Wheel
- Through storytelling discover the Legend of Turtle Island, the Four Sacred Medicines and more
- Round Dance Ceremony and Celebration

Saturday, June 3rd

4:30 - 7:00 pm

Willow Park Ecology Centre
473 Guelph Street, Norval

www.norval-on-the-credit.ca



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